

## Key Stage 1 Parent Coffee Morning

My name is Zoë Tweedale. I am a Clinical Psychologist who works with Children, Young People and Families in the local Community CAMHS Team. I am also part of the Wellbeing and Mental Health in Schools (WAMHS) project at Shoreditch Park Primary School.



We know that children are most able to engage and learn effectively when they are healthy and happy. The WAMHS project is therefore aimed at developing a whole school approach to wellbeing and to ensure this is a central focus of school life. As part of this I run Coffee Mornings for parents. The next Coffee Morning is for parents of KS1 children and is on:

### **Supporting Your Child with Friendships & Peer Conflict**

**Date:** Thursday 1<sup>st</sup> February 2024

**Time:** 9:00-10:00

**Facilitated by:** Zoë Tweedale & Claire Keady

**Location:** Parent & Community Room

*This will be an opportunity to learn more about how friendships develop and change as a child grows. We will discuss what you can do as a parent to support your child when they are experiencing conflict with peers and/or are struggling to make friends. We will also discuss bullying.*

***We look forward to seeing you there!***